

THE COMEBACK TOUR

BE STRONG:
THE LIES WE BELIEVE AND
THE TRUTH WE CAN TRUST
INSTEAD



MARCH 10, 2021



MOPS

ARISE AS A MOTHER.

ARISE AS A MOTHER

*Often we wait for all the right details to come into place before we act, but maybe this is the year
God is saying, "Stop waiting and get to it."*

Body and mind — this is the year we embrace the self that God gave us.

NOTES

What is one thing you needed to hear today?

What is one invitation you are sensing from God?

JOURNAL

"Always we begin again."
-St. Benedict

Is there an area of your life where you need to begin again? Not "make perfect" or "completely overhaul" or "manage better" ... just, simply, begin again?

The word "begin" comes from the same word that means "to open" or "to open up." Is something in your heart or mind closed that God may be inviting you to open? New ideas, new possibilities, new hope? Are you paralyzed or stuck and God is nudging you to step into the next, new moment?

What lies do you need to let go of in order to begin again?
What truth do you need to trust in order to begin again?

Check out our most recent blog post on discerning the many voices vying for airtime in your heart and mind:
What Voice Are You Listening To?

Write down a key word or phrase that stands out to you from each of these scriptures:

*Don't panic. I'm with you. There's no need to fear for I'm your God.
I'll give you STRENGTH. I'll help you. I'll hold you steady, keep a firm grip on you.*
- Isaiah 41:10, MSG

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*Because of the LORD's great love we are not consumed,
for his compassions never fail.
They are new every morning;
great is your faithfulness.*
- Lamentations 3:22-23, NIV

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*With God:
There is always a hand reaching toward you.
There is always grace available.
There is always a chance to begin again.*

A white silhouette of a dove in flight, wings spread, positioned centrally on an orange background. The dove is facing right. In the top right corner, there are several parallel diagonal lines in a darker shade of orange.

**Always
we begin
again.**

- ST. BENEDICT

REMINDERS ...

JOIN US AGAIN!

THE COMEBACK TOUR DATES:

APRIL 7: New Theme Reveal and an exciting announcement you don't want to miss!

MAY 5: The Finale

Register for membership by March 23 to receive *The MOPS Magazine* Spring 2021 issue — full of articles and inspiration based on our new theme!

MOMcon registration is NOW OPEN.

Join us in Nashville for a weekend to remember, September 9-11, 2021!

Learn more and register at mops.org/momcon

Because you need a minute!



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